

October 2021

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# Ten Tips to Save Energy in Honor of Energy Efficiency Day

Today is one of our favorite days of the year- Energy Efficiency Day!

Energy Efficiency Day is an annual event that brings awareness to the multiple benefits of energy efficiency, from saving money to healthier homes and communities.

In recognition of Energy Efficiency Day, we've put together the following ten tips to help you save energy during the colder months:

- **Light Your Home Efficiently** — Replacing your most frequently used lightbulbs with ENERGY STAR® certified LEDs can save you \$15 annually per lightbulb.
- **Eliminate Air Leaks and Drafts** — Caulk around windows and door frames, use weather stripping on exterior doors, and consider having a professional seal gaps where air can travel between the attic and your living space. This will help you save on heating costs and make you feel more comfortable during the cold winter months.
- **Consider a Smart Thermostat** — A smart thermostat can automatically lower your temperature settings based on your occupancy and sleep schedule.
- **Check Temperature Settings** — If your home uses a heat pump, set the thermostat at a moderate temperature and leave it there. Heat pumps are most efficient at a consistent temperature.
- **Limit the Use of Space Heaters** — Electric space heaters are less efficient than HVAC systems and only heat a small portion of a home. If you are using a space heater, make sure it is designed to heat the size of the room it's used in, and look for one with thermostat and timer settings to save energy and prevent overheating.

- **Change Your Furnace Filter** — Clean or change your furnace filter regularly. A dirty furnace filter will slow down air-flow and make the system work harder to keep your home warm, which will cost you more money.
- **Schedule Maintenance for Your Heating System**— If it has been a few years since a technician last looked at your system, consider calling a professional to service or tune-up your unit to keep it running as efficiently as possible.
- **Look for the ENERGY STAR® Label** — Available across more than 70 product categories, the ENERGY STAR label makes it easy to find products that have been independently certified to use less energy. Save even more with [Efficiency Smart's rebates](#) on eligible products.
- **Take Advantage of the Sun** — Open curtains on your south-facing windows during the day to allow sunlight to naturally heat your home. Close the curtains at night to reduce the chill you may feel from cold windows.
- **Reduce Hot Water Use** —Water heating typically accounts for the largest portion of a home's utility costs after heating and cooling. Installing low-flow showerheads and washing your clothes in cold water can help you reduce your hot water use.

Need more guidance or have specific questions related to how you can reduce energy in your home? Our customer support team is here to help! Call 877-889-3777 or email [info@efficiencysmart.org](mailto:info@efficiencysmart.org) for assistance.

## How to be S.M.A.R.T About Energy Efficiency

Efficiency Smart is your one-stop resource to save energy and money in your home. From advice on saving energy to rebates and financial incentives, we are here to help you make good choices and save money.

[You can watch this short video](#) for more information about energy efficiency and how Efficiency Smart can help you and your entire community save energy and money.

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